



NATIONAL
MINORITY QUALITY
FORUM

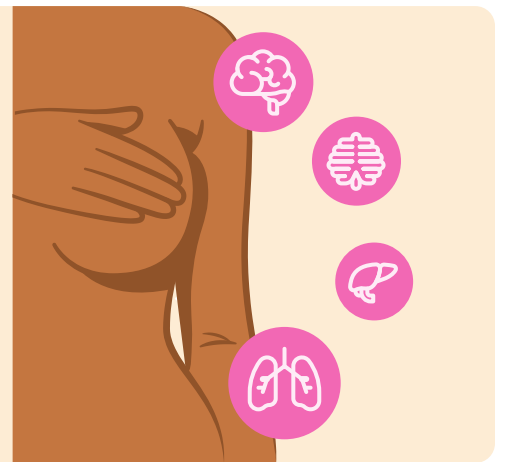
LIFTEVERYVOICE
PATIENT NETWORK

Survey Findings

Metastatic Breast Cancer Patients of Color Face Challenges Managing Chronic Conditions

The **National Minority Quality Forum** commissioned a survey to gather feedback from **black women with breast cancer age 18-29** diagnosed with metastatic breast cancer (mBC) on awareness and understanding of managing **mBC and comorbidities**.

Many respondents are managing chronic conditions like **diabetes, high blood pressure, and mental health concerns alongside their cancer treatments**. While most women report strong medication adherence and trust in their doctors, many still experience side effects and fear of missing doses.



Demographic Profile

Age Distribution



32.7%

Diagnosed with breast cancer are **18-29 years old**

Household Income (Before Taxes)



45.8%

Income is less than **\$50,000 per year** before taxes

Employment Status



55.2%

Work full-time

Health Profile

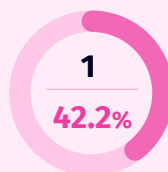
Metastatic Breast Cancer (mBC)



50.9%

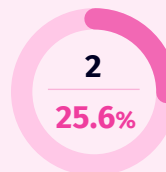
Diagnosed with metastatic breast cancer

Nos. of Chronic Conditions (in addition to breast cancer)



1

42.2%



2

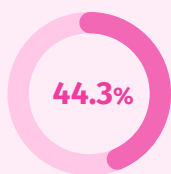
25.6%



3

5.1%

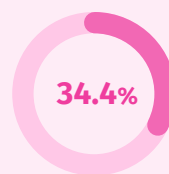
Most Common Chronic Conditions



**Depression,
anxiety, etc.**



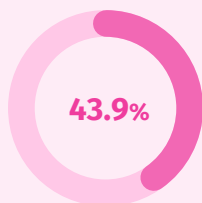
**High blood
pressure**



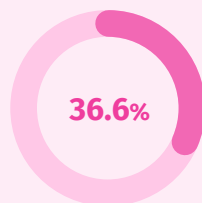
Diabetes

Care Management & Medication Use

Fear of Missing a Dose

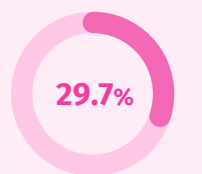


**Being fearful of
missing a dose**

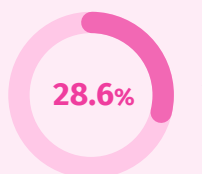


**Being somewhat
fearful**

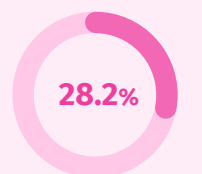
Number of Chronic Condition Medications (among 112 respondents who take them)



**4 or more
medications**



**3
medications**



**2
medications**

Negative Side Effects from Medications



54.7%

**Experienced
negative side effects
from their
medications**

Negative Experience with Providers When Managing Chronic Conditions



36.3%

**Had a negative experience
with providers when
managing their chronic
conditions**